



Public Health Plan 2022-2027



Contents

Acknowledgement of Country	3
Introduction	3
Plan Implementation	4
Our Current Health Role	5
Snapshot of the Health of Nannup Residents	6
Key results from the Nannup Health & Well-Being Survey	7
Integrating the Public Health Vision into the Strategic Community Plan	8
The Public Health Vision added to the Strategic Community Plan	9
Better Health - Community & Public Health Strategies	10
Conclusion	12
The Way Forward	13

Acknowledgement of Country

The Shire of Nannup acknowledges the Wardandi and Bibbulmun people as the native title holders of the lands and waters in and around Nannup together with all native title holders throughout the Shire.

We pay respect to the Elders, past, present and emerging, of the Wardandi & Bibbulmun people and extend that respect to all Aboriginal Australians living within the Shire of Nannup.

Introduction

We are proud to present the Shire of Nannup Public Health Plan. This Plan is designed to be both a stand-alone plan and also one that influences the periodic revisions of the Shire of Nannup Strategic Community Plan 2021 - 2036.

Each local government in Western Australia is required by the *Public Health Act 2016* to maintain and enhance the health, wellbeing and safety of all of its local residents and visitors, which aligns with the *State Public Health Plan for Western Australia 2019 - 2024*.

Incorporating the outcomes and strategies of the Public Health Plan into Council's Strategic Community Plan, will ensure the Public Health Plan will remain relevant to the community needs and keep pace with our dynamic community.

In a practical sense, it was decided to consult with all communities within the local government district by an electronic survey process using social media and the website. In the Shire of Nannup, results were received from both electronic and paper submissions.

We would like you to enjoy reading this plan as we look forward to working collaboratively with the community to continuously improve the public health outcomes in the future.

Cr Tony Dean
Shire President

February 2022

David Taylor
Chief Executive Officer

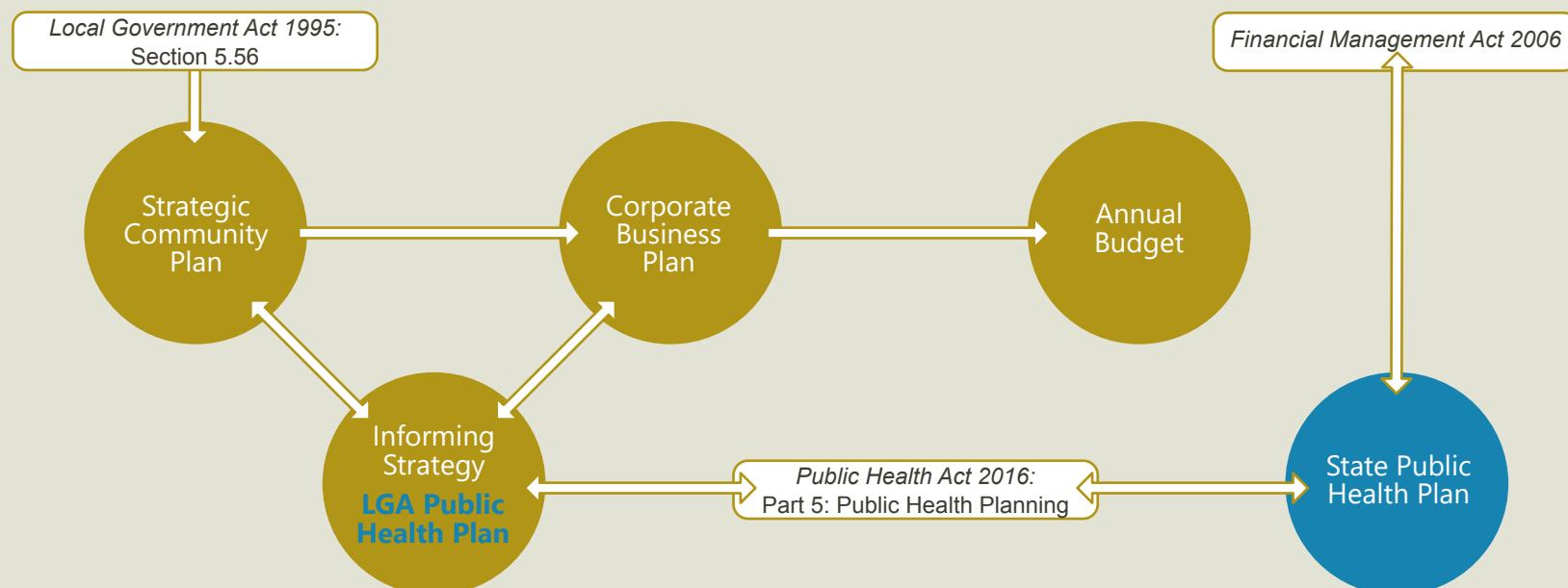
February 2022



Plan Implementation

The State Public Health Plan is a stand-alone plan. Each Local Government Authority is required to create its own Public Health Plan, which in turn is to be incorporated into the Council's Strategic Community Plan. The Strategic Community Plan connects with Council's Business Plan which is funded by each Local Government Authority through its revenue stream. Each Local Government is then required to prepare and adopt a Local Government Public Health Plan.

The diagram below provides a pictorial representation of how this is to be achieved.



Linkages between Part 5: Public Health Planning of the *Public Health Act 2016* and
Local Government Planning for the future requirements under section 5.56 of the *Local Government Act*

Our Current Health Role

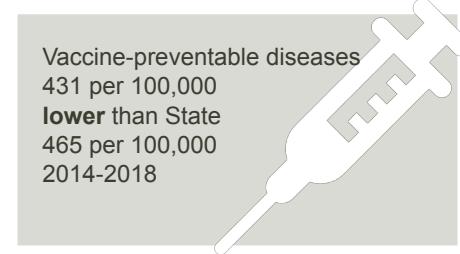
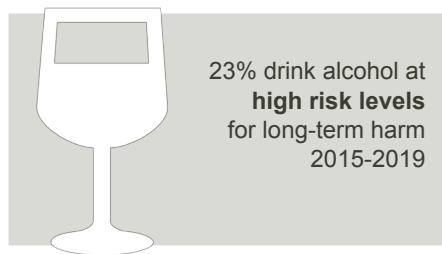
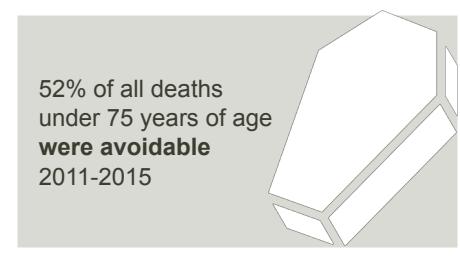
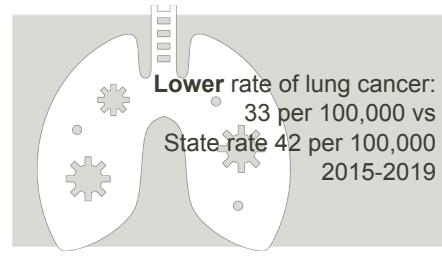
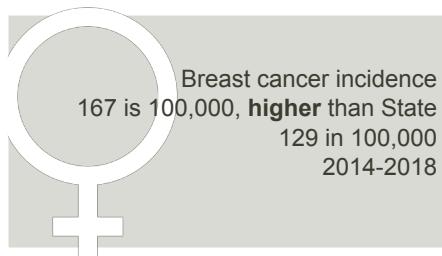
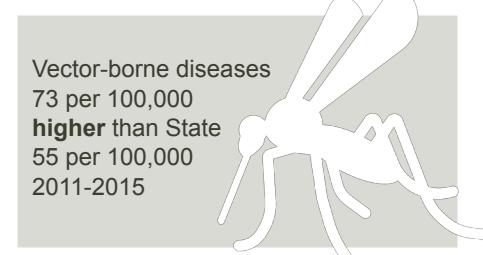
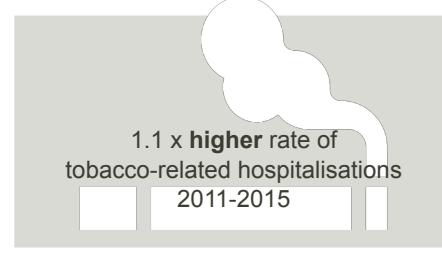
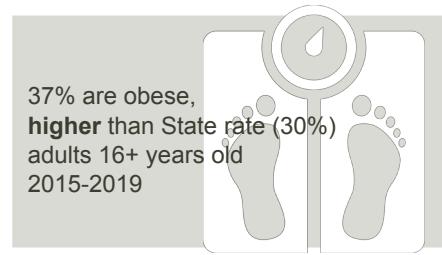
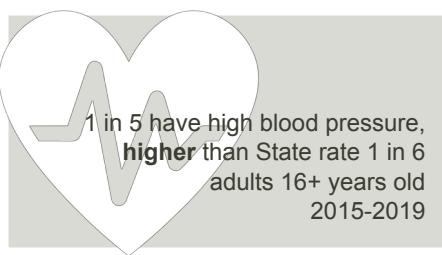
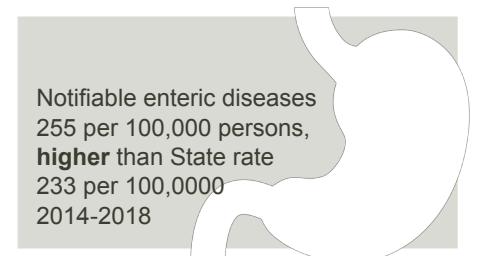
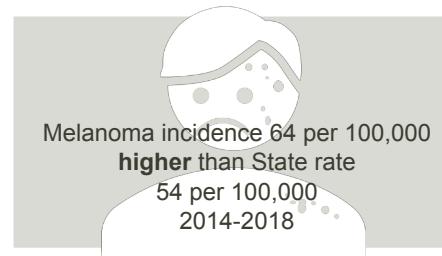
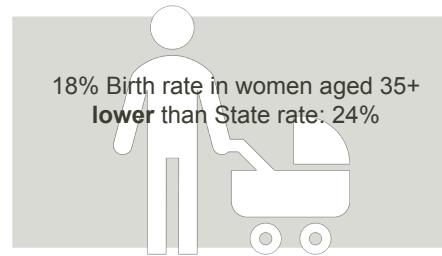
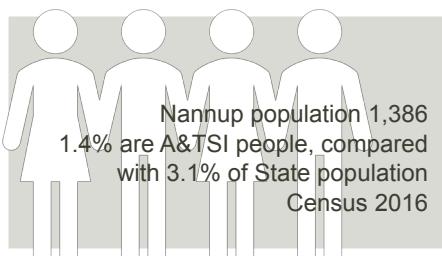
The Shire of Nannup currently supports the promotion of Public Health outcomes throughout its community.



These may be explained in more detail in the core business described here:

- **Infrastructure and property services** including provision of local roads, footpaths, drainage, waste collection and management.
- **Environmental Health Services** to prevent and control environmental health hazards, emissions, communicable disease and vector-borne disease. To prevent and reduce the incidence of alcohol, other drug and tobacco health impacts, noise and air pollution, and to maintain water and food quality.
- **Cultural facilities and services** such as libraries and places of historic importance which encourage community participation.
- **Provision of recreation facilities** such as parks, ovals, golf course, and recreation centre.
- **Building services, planning and development control** including inspections, licensing, certification and enforcement.
- **Administration of facilities** such as cemetery, Community Recreation Centre, and provision of waste management.
- **Local Government Health Law Enforcement, Ranger and Emergency Services.**
- **Community Services** such as provision of a Local Drug Action Group and youth services that promote enhanced mental and physical health outcomes.

Snapshot of the Health of Nannup Residents



Key results from the Nannup Health & Well-Being Survey

THE RESIDENTS OF NANNUP SPEAK AS THINGS ARE NOW

The two worst health risks in the community are:

- Tobacco/cigarette smoking
- Using illegal drugs

The three most serious mental & social health issues in our community are:

- Depression
- Loneliness
- Violence in the home

Our top four volunteering activities are:

- Public events
- Keeping the community safe
- Arts & culture
- Community groups/services

The sport & recreation facilities we use most are:

- Riverside Trail
- Blackwood River
- Barrabup Pool
- Kondil Park Wildflower Trail
- Nannup Ampitheatre
- Marinko Tomas Bicentennial Park

I feel like my life has a sense of purpose (40%)

I enjoy interacting with my neighbours (38%)

There is strong community spirit in our Shire (42%)

I feel like I belong in my local community (50%)

I feel the Shire cares about our welfare (42%)

I am proud of the community where I live (58%)

I know where to get help when I need it (42%)



nature small & quiet basketball environment

I like that I can still see my friends after school

you know most people kind people nice central location

clean open air easy travel great school & staff

small chemist, shop, cafes, festivals slow lifestyle

friendly community atmosphere safe facilities

The words we used the most, to say what we like best about living in Nannup

CHANGE FOR THE FUTURE

Our top three programs to improve the health of our community:

- Programs for seniors/aged people
- Routine screening for health issues eg cervical & prostate cancers
- Programs for community groups including Aboriginal & CALD communities

We support new programs to reduce harm from:

- Illegal drugs • Alcohol
- Tobacco • Sniffing volatile substances

Our top three programs to help us be more physically active are:

- Public exercise equipment that is free to use
- Free fitness classes
- More recreational community activities

Our top three issues for good community health are:

- Safe roads
- Affordable housing
- Parks and public open spaces

Our top two priorities to encourage the eating of healthy food:

- More healthy food options in takeaway/fast food outlets
- Healthy food options at sporting & community & events

Our top five environmental issues for good community health are:

- Clean & safe air
- Waste & rubbish recycling programs
- Getting our power from solar energy
- Access to safe, affordable, & nutritious food
- Safe water for our homes & swimming pools

Integrating the Public Health Vision into the Strategic Community Plan

This Public Health Plan incorporates 5 themes of the Shire of Nannup Strategic Community Plan 2021 – 2036:

- **Our Community** - We role model sustainability, friendliness, and we are proud of and engage with our heritage, festivals and events.
- **Our Economy** - Well planned, managed, sustained growth is the key to Nannup's future.
- **Our Built Environment** - Keep the charm and fabric of Nannup while expanding infrastructure, housing and amenity.
- **Our Natural Environment** - We are surrounded by nature, which we strive to celebrate and protect.
- **Our Health** - Improving the health outcomes of all people living in our community.
- **Our Shire** - We listen to our community, are transparent, and act with integrity.

The Shire of Nannup provides a range of recreation facilities and is home to a wide range of walking and riding trails, for example, the Bibbulmun Track passes through the district. The Shire is committed to providing support services to improve public health outcomes of persons described in this Plan.

The Public Health Vision added to the Strategic Community Plan

Our Community	Our Economy	Our Built Environment	Our Natural Environment	Our Health	Our Shire
1.1 Who We Are: We will retain pride in being a small but friendly town that is a welcoming place to live	2.1. The Big Picture: We will grow our economy in ways that add value to our community and create diverse opportunities for our residents	3.1 Our Shire and Streetscape: We will protect and enhance the charm and fabric of our unique Shire	4.1 Our Sanctuary: We will protect, manage and enhance our natural assets, including our forests, managed bushland, rivers, agriculture and our pristine coastline	5.1 Protection from Disease: Planning a COVID safe and healthy outcome	6.1 Listen: We will listen to, engage and partner with our community leaders, including the Traditional Owners, the Wardandi and Bibbulmun people
1.2 Our Aged: We respect and value our aged and we seek to ensure they are supported	2.2 Tourism and Attraction: We will work together to attract people, investment and innovation to our Shire	3.2 Our Amenity: We will develop the amenity and housing in line with the existing character of the town	4.2 Our Location: We will continue to ensure that our built environments exist in harmony with our natural landscapes	5.2 Minimise Harm: Prevent harm from unsafe use of alcohol, drugs, solvents and tobacco	6.2 Working Together: We will support our community groups and encourage them to work together
1.3 Our Youth: Youth and young families are important and we will focus on making Nannup a great place to grow up where families can thrive	2.3 Agriculture: Our Shire will be recognised as an important source of food production for Western Australia, and we will support the agriculture sector to grow and diversify	3.3 Planning and Building: We will provide quality planning outcomes for community benefit through quality construction	4.3 Our Sustainable Future: We will strive to transition to cleaner sources of energy, and to incorporate and support environmental sustainability through our built environment, our economy, and to create unique experiences for our visitors	5.3 Active and Healthy Lifestyles: Adequate recreation facilities and healthy, affordable food choices	6.3 Lead, Listen, Advocate, Represent And Provide: We will communicate the plans and decisions of the Shire with our residents, and seek input and insight from all our diverse groups
		3.4 Our Communications: We will advocate to increase the coverage of our communication systems		5.4 A Healthy and Sustainable Community: Access to relevant health services for all demographics	6.4 We Are One: We will strive to make decisions and deliver outcomes that are in the best interest of the majority of the community
				5.5 A Safe Environment: Environmental health protection to reduce risks to health	



Better Health - Community & Public Health Strategies

Protection from Disease	Minimise Harm	Active & Healthy Lifestyles	A Healthy & Sustainable Community	A Safe Environment
5.1 Planning a COVID safe and healthy outcome	5.2 Prevent harm from unsafe use of alcohol, drugs, solvents and tobacco	5.3 Adequate recreation facilities and healthy, affordable food choices	5.4 Access to relevant health services for all demographics	5.5 Environmental health protection to reduce risks to health
5.1.1 Keep the community informed with COVID 19 updates	5.2.1 Support education to reduce alcohol and drug consumption and family violence	5.3.1 Support community recreation activities and provision of age-appropriate exercise equipment and classes	5.4.1 Support health and wellbeing initiatives to improve mental and physical health	5.5.1 Monitor public health indicators and encourage other government intervention
5.1.2 Implement COVID19 Safety Plans in consultation with emergency authorities and develop risk management guidelines for public events	5.2.2 Encourage safe sale and service of alcohol and tobacco, and support no/low alcohol and smoke free community venues and events and at Shire facilities	5.3.2 Support Livelighter or similar as a community campaign to raise awareness in healthy living	5.4.2 Create accessible spaces and encourage disabled participation	5.5.2 Provide public health education on matters such as FoodSafe, and disease control
5.1.3 Provide community education for personal hygiene, safe sex, home and workplace hygiene, including cleaning and disinfection	5.2.3 Encourage the community, to reduce smoking and promote smoke free public spaces such as playgrounds	5.3.3 Measure the adverse health impacts of inactivity and obesity and encourage weight reduction	5.4.3 Encourage personal health screening services such as prostate and cervical cancer, blood pressure and mammograms	5.5.3 Maintain food standards by regular surveillance of food premises
5.1.4 Minimise the incidence and community spread of infectious disease through education, vaccination, food surveillance and vector control	5.2.4 In conjunction with the Police and other stakeholders conduct a Safety Audit to improve safety and prevent crime and anti-social behaviour	5.3.4 Promote healthy and affordable meals and drinks in food outlets and at venues and events		5.5.4 Monitor drinking and recreational waters, public aquatic facilities to maintain standards and reduce public health risks
		5.3.5 Provide safe and accessible public open spaces and walking trails		
		5.3.6 Encourage more local people to join community garden activities and to share healthier diet by harvesting fruits and veges in the garden		



Conclusion

This Plan was developed over 18 months duration in consultation with elected members and the local community. This is the first public health plan of many to follow that will require Council to consider the needs of the community when planning for better public health outcomes.

While, public health is the responsibility of all persons in the community, this plan focuses on the need to address present shortcomings to improve the health of every person. Improving the health of individuals through exercise and nutrition are identified as key messages as well as attention to mental health and the prevention of transport accidents, and increased screening of cancer-related illnesses will be beneficial in the longer term.

The Council will need to provide leadership to improve public health outcomes by:

- Leading the community by advocacy, to provide better public health planning,
- Having a whole of Council approach,
- Encouraging partnerships with Government and NGOs for health planning, and
- Elected members encouraging and mentoring to promote healthy lifestyles.

The Plan was developed by including:

- Extensive analysis of health data (a well-developed Health Profile Report)
- Participation in an electronic Health & Well-Being Survey, and
- Consultation with elected members and senior officers.

The Way Forward

The strategies contained in the Shire of Nannup's Public Health Plan are intended to mirror work already underway. The Shire of Nannup is well known for the promotion of tourism and recreational pursuits, and living in harmony with the natural environment and practising sustainability. This connection with community was recognised through encouraging comments drawn from the Health & Well Being Survey.

The Shire of Nannup may give consideration to liaising with the South West Population Health Unit Health Promotion Officer in conjunction with neighbouring shires to review the supporting information in the Health Profile Report and the Health & Well Being Survey, and to work with government and funding agencies to raise awareness of the need for health lifestyles.

The Plan requires Council to ensure that its citizens are afforded protection from disease, minimise harm, promote active healthy lifestyles sustainably and provide a safe environment by reducing risks to public health. This Plan is the first of many public health plans that will provide a direct focus on supporting better health outcomes of constituents living in the Shire of Nannup.

Information used in the research phase of this plan was principally drawn from ABS Census material (2016), SEIFA Index, AEDC (Education) data, Health Department hospital admissions data (2018 – 2020), and the Shire of Nannup Health & Well-Being Survey.

