

Prepare and prevent for older people.



Vaccination is protection

- Older age is a major risk factor for serious illness from flu and COVID-19
- Vaccination is the best protection against severe illness, hospitalisation and death
- Vaccines are safe, effective, and help protect you and those around you



Vaccine schedule

- COVID-19 vaccine every 6 months for people aged 75+
- Recommended for people 65+ (discuss with your healthcare provider)
- All adults should get an annual flu and COVID-19 vaccination
- It is safe to receive both vaccines on the same day



Hygiene reminders

- Cover coughs and sneezes
- Wash hands regularly
- Stay home when unwell
- Wear a mask when needed

Available Now at Nannup GP or Nannup Pharmacy

Find out more @ myagedcare.gov.au/protect-from-infection